


# Spiritual Warfare Prayer Against Strongholds\*



Stronghold			Freedom
<b>Prejudice</b>			<b>Unity</b>
<b>Examples</b>	discrimination, bigotry, stereotyping, racism, sexism	<b>Scripture</b>	Romans 2:11, 1 Samuel 16:7, Galatians 3:28, John 17:20-23
<b>Lie</b>	<i>"I am better than that person."</i>		
<b>Bitterness</b>			<b>Forgiveness</b>
<b>Examples</b>	resentment, hate, unforgiveness, anger, violence, revenge	<b>Scripture</b>	2 Corinthians 5:17-19
<b>Lie</b>	<i>"I have power and protection when I don't forgive others."</i>		
<b>Control</b>			<b>Surrender</b>
<b>Examples</b>	manipulation, lack of trust, worry, seeking recognition	<b>Scripture</b>	Matthew 16: 24-25
<b>Lie</b>	<i>"I can control my own life."</i>		
<b>Idolatry</b>			<b>Contentment</b>
<b>Examples</b>	selfishness, greed, apathy, pride, stubbornness, vanity, materialism	<b>Scripture</b>	Matthew 6:25-26
<b>Lie</b>	<i>"If I just had a little more, I would be content."</i>		
<b>Despair</b>			<b>Hope</b>
<b>Examples</b>	hopelessness, self-pity, isolation, addictions, self-harm	<b>Scripture</b>	Psalm 34:17-18
<b>Lie</b>	<i>"Even God has abandoned me."</i>		
<b>Jealousy</b>			<b>Gratefulness</b>
<b>Examples</b>	spitefulness, gossip/slander, betrayal, critical/judgmental spirit	<b>Scripture</b>	Psalm 34:17-18
<b>Lie</b>	<i>"I am entitled to all that I have."</i>		
<b>False Teaching</b>			<b>God's Word</b>
<b>Examples</b>	occult, Ouija board, invoking evil or dead spirits, fortune-telling, astrology, cults	<b>Scripture</b>	John 1:1-5 John 14:6-7
<b>Lie</b>	<i>"What I believe to be true is more trustworthy than God."</i>		

## Stronghold



## Freedom

### Sexual Immorality

### Purity

**Examples** lust seductiveness, fornication, adultery, pornography  
**Lie** "I am free to satisfy all of my desires."

**Scripture** Galatians 5:13-16, 19-21  
Genesis 2:22-25

### Insecurity

### Security in Christ

**Examples** inferiority, inadequacy, timidity, withdrawal, pleasing people/not God, lack of trust/worry, wrong relationships  
**Lie** "I am less than everyone around me."

**Scripture** Ephesians 2:10  
Romans 8:38-39

### Rejection

### Acceptance

**Examples** seeking acceptance, feeling unworthy, withdrawal, addictions, compulsions  
**Lie** "I am unlovable."

**Scripture** Psalm 139:14  
John 3:16

### Deceit

### Truthfulness

**Examples** lying, delusions, rationalizing, wrong doctrine, misuse of Scripture  
**Lie** "My actions are justified if it gets me what I need."

**Scripture** John 8:32  
Psalm 23:1

### Fear

### Trust in God's Sovereignty

**Examples** phobias, compulsions, perfectionism, fear of failure  
**Lie** "Being afraid keeps me from harm."

**Scripture** 2 Chronicles 20:6  
Matthew 10:29-31

### Pride

### Humility

**Examples** controlling, boasting, belittling, taking credit, selfishness, vanity  
**Lie** "I am where I am because of all that I have done."

**Scripture** Matthew 16:24

## My Prayer

I recognize the power you have given me by the shed blood of Jesus to demolish spiritual strongholds in my life. I confess that I have given a foothold to \_\_\_\_\_ and I renounced the stronghold of \_\_\_\_\_. I claim the truth of \_\_\_\_\_ by the authority of the name of Jesus Christ. Through your power, I take back the ground I surrendered to the enemy. I pray you will enable me to trust and obey your Holy Spirit so that this area of my life we'll be in conformity to the image of Christ. Amen.